

Service Line Strategy Advisor

## Obstetrics and Gynecology

The following considerations can help OB-GYN leaders as they ramp back up traditional services coming out of their Covid-19 curve and work through a backlog of cases caused by postponed procedures.

## Top elective gynecology procedures by volumes<sup>1,2</sup>

- Gynecological exams
- Biopsy gynecology
- · General gynecology procedures
- Artificial insemination/in vitro fertilization
- Women's reproductive health procedures
- General surgical gynecology
- · Uterine fibroid procedures
- Hysterectomy

## Short term considerations for restarting elective services

Phasing of elective subservice lines based on clinical urgency

#### Phase 1 (1-2 months)

- Biopsy gynecology
- Surgical gynecology, including hysterectomy (for malignant disease)

#### Phase 2 (2-3 months)

- General surgical gynecology (for non-malignant disease)
- Hysterectomy (for nonmalignant disease)
- Uterine fibroid procedures
- Gynecological exams
- General gynecology procedures

#### Phase 3 (3+ months)

- Artificial insemination/in vitro fertilization
- Women's reproductive health procedures

#### Barriers to clearing backlog of cases

- There is likely no backlog for deliveries.
- There is potential backlog for gynecology office visits and gynecologic surgeries.
- Limiting factors to clearing these backlogs will be physician availability and willingness to extend hours for office visits and upstream screenings/referrals for surgery.

#### Mid- to long-term demand impacts

- Continued shift to virtual visits for gynecology and prenatal visits
- Accelerated shift to ASC for gynecologic surgeries
- Minor shift to out-of-hospital births due to fear of in-hospital infection and temporary in-hospital birthing attendant and visitor limitations
- All services shown are estimated to have 50% or greater elective volumes. Any services not shown SSLs not listed are ones considered non-elective because less than 50% of their volumes are estimated to be elective. The definition of elective used is on the following page.
- Procedures ordered from highest to lowest national volumes. Only procedures with greater than 100K volumes nationally are shown.

Source: Service Line Strategy Advisor research and analysis.



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### **Subservice line summary**

Subservice Line	Estimated percent elective	Phasing restart by clinical urgency	Estimated drop off in future demand
OP artificial insemination/in vitro fertilization	100%	Phase 3	Medium
OP gynecological exams	90%	Phase 2	Medium
OP hysterectomy <sup>1</sup>	80%	Phase 2	Medium
OP uterine fibroid procedures	80%	Phase 2	Medium
IP general surgical gynecology <sup>1</sup>	80%	Phase 2	Low
OP general gynecology procedures	80%	Phase 2	Medium
OP women's reproductive health procedures	80%	Phase 3	Medium
OP biopsy – gynecology	60%	Phase 1	Low



#### **DEFINITIONS**

- Estimated percent elective: estimated portion of each subservice line that is both scheduled in advance and may be delayed for a short period of time without significant worsening of the condition.
- Phasing restart by clinical urgency: recommended prioritization of restarting services based solely on clinical urgency or importance for identification of higher acuity services. Services in earlier phases are more urgent. Phase 1: immediate, Phase 2: 2-3 months, Phase 3: 3+ months
- Estimated drop off in demand: decrease in demand over the next 1-2 years due to lingering patient fear. Low: 5-15%, Medium: 16-30%, High: 30%+, None: 0%