

Kaiser Permanente's Inpatient Palliative Care Referral Assessment Tool

Use the following tool to determine whether a patient should receive a consultation with the inpatient palliative care team during this admission. Patients scoring 6 points or more should be targeted for the palliative care consult.

Criteria	Weight
Sex = male	1 point
1-4 dependent activities of daily living (ADL)	2 points
5 or more dependent ADLs	4 points
Heart failure	2 points
Cancer—local	3 points
Cancer—metastatic	8 points
Renal impairment—Creatinine >3.0	2 points
Poor nutritional index—Albumin 3.0-3.4	1 point
Poor nutritional index—Albumin <3.0	2 points

Activities of Daily Living

Activities	Independence, No Supervision, Direction, or Personal Assistance	Dependence with Supervision, Direction, Personal Assistance, or Total Care
Bathing	Bathes self completely or needs help in bathing only a single part of the body such as the back, genital area, or disabled extremity.	Needs help with bathing more than one part of the body, getting in or out of the tub or shower. Requires total bathing.
Dressing	Gets clothes from closets and drawers and puts on clothes and outer garments complete with fasteners. May have help tying shoes.	Needs help with dressing self or needs to be completely dressed.
Toileting	Goes to toilet, gets on and off, arranges clothes, cleans genital area without help.	Needs help transferring to the toilet, cleaning self, or uses bedpan or commode.
Transferring	Moves in and out of bed or chair unassisted. Mechanical transferring aides are acceptable.	Needs help in moving from bed to chair or requires complete transfer.
Continence	Exercises complete self-control over urination and defecation.	Is partially or totally incontinent of bowel or bladder.
Feeding	Gets food from plate into mouth without help. Preparation of food may be done by another person.	Needs partial or total help with feeding or requires parenteral feeding.