

# Paint a Picture of a Cyber-Resilient Organisation

The constant drip of cyber incidents has moved cybersecurity squarely into the C-Suite and Boardroom. Various security technologies can improve your risk posture, but technology alone is not enough. Cyber resiliency requires an ecosystem of efforts in three crucial areas: governance and policy, process and education, and technology and services.

**IT leaders play a crucial dual role: oversee effective efforts and ensure a clear understanding among non-IT leaders.**

## ACTIONS FOR IT LEADERS

## LESSONS FOR NON-IT LEADERS

### Governance and Policy

#### C-Suite/Board Engagement

Hold one-on-one conversations with leaders using real-world scenarios to show the business implications of possible events.

#### Governance

Ensure individuals impacted by a security decision have a chance to be heard.

#### Strategy

Evolve your strategy to counter increasingly advanced attacks and match your organisation's culture.

#### Digital Trading Partners

Develop a thoughtful intake process to assess and remediate security risks; regularly audit and confirm necessity of third-party network access.

#### Dashboards

Summarise the complicated landscape in an intuitive and actionable way.

#### Standards

Leverage a security standard as your guide, recognising that full adherence is moving target.

#### Staffing

Grow talent within your department and lighten workloads by leveraging appropriate vendors and technologies.

#### C-Suite/Board Engagement

Security is a team sport—be sure to understand and establish your role.

#### Governance

Security and risk are essential considerations for all activities; include them as part of deliberations.

#### Strategy

Strategy must balance security ambitions with the operational needs of clinical and business workflows.

#### Digital Trading Partners

Third parties (vendors, partners, and affiliates) broaden your security risk—assess the security risks of any relationship.

#### Dashboards

Effective dashboards are actionable and indicate where to direct resources and attention.

#### Standards

Standards evolve over time to meet ever-changing threats and require regular attention to keep up.

#### Staffing

Talented security staff is hard to find—a team approach to security encourages retention.

### Process and Education

#### Training

Provide continuous training; tune exercises to various roles and use a variety of communication channels.

#### Incident Response Planning

Get organised before an event: leverage predetermined templates and checklists, and pre-vet potential vendors.

#### Audits

Align internal audit, security, and IT to be able to share results, coordinate efforts, and potentially help each other with funding.

#### Testing

Validate that staff apply their security training through campaigns using the latest scammer techniques.

#### Risk Assessments

Incorporate incremental risk assessments when a system changes or a new system is brought online.

#### BCP<sup>1</sup> + Backups + DR<sup>2</sup>

Test DR, backups, and BCPs to ensure they work well together across all shifts of employees. Ensure leadership understands your RTOs<sup>3</sup> and RPOs<sup>4</sup>.

#### Training

C-suite executives will be targeted due to their position and access to data—establish regular awareness training for executives.

#### Incident Response Planning

The security team should be empowered with the authority needed to respond quickly to incidents.

#### Audits

External auditors look for evidence that you take security seriously.

#### Testing

They may feel sneaky, but internal phishing campaigns protect the organisation.

#### Risk Assessments

Risk assessments can inform your security investment decisions and identify areas to get the most "bang for your buck."

#### BCP + Backups + DR

While temporarily inconvenient, practiced downtime makes unexpected down time easier and protects patient safety.

### Technology and Services

#### Cyber Intelligence

Leverage cyber intelligence that is relevant, actionable, and tailored to your organisation.

#### Cyber Insurance

Fully understand what is covered under your plan; carefully consider if it is the best mix of services, liability reduction, and money spent.

#### Information Sharing

Consider joining a health care information sharing and analysis group to reap the benefits of collaboration and increase security across the industry.

#### New IT-Enabled Capabilities

Pace technology investments to cover the basics first; supplement with more advanced tools later. Consider tools that preserve or improve clinical workflows.

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#### Cyber Intelligence

Cyber intelligence is your radar into the dark web—advanced warning is valuable.

#### New IT-Enabled Capabilities

Technology has its limitations. There is no silver bullet for security so beware of any "too good to be true" vendor claims.

#### Cyber Insurance

Like health insurance, cyber insurance comes with different levels of coverage. It's a way to limit, but not eliminate, your exposure.

#### Information Sharing

The bad guys continually share information and collaborate. So should the good guys.

1) Business continuity planning.  
2) Disaster recovery.  
3) Recovery time objectives.  
4) Recovery point objectives.